

YOUTH FOR A SUSTAINABLE WORLD



OVERVIEW

Youth for a Sustainable World (YSW) is a Kenyan-registered national Public Benefits Organisation with a rich history of empowering communities through adolescent and youth-focused interventions since the year 2000. YSW was formerly known as the German Foundation for World Population (DSW Kenya).

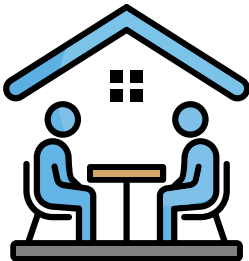
YSW's mission is to empower, create a supportive environment, advance gender equality, and foster access to SRHR services for young people, guided by its vision of a world where all young people- especially girls and young women- are healthy and empowered to drive sustainable change.

WHO WE SERVE

YSW delivers age-responsive programming across two key youth segments:

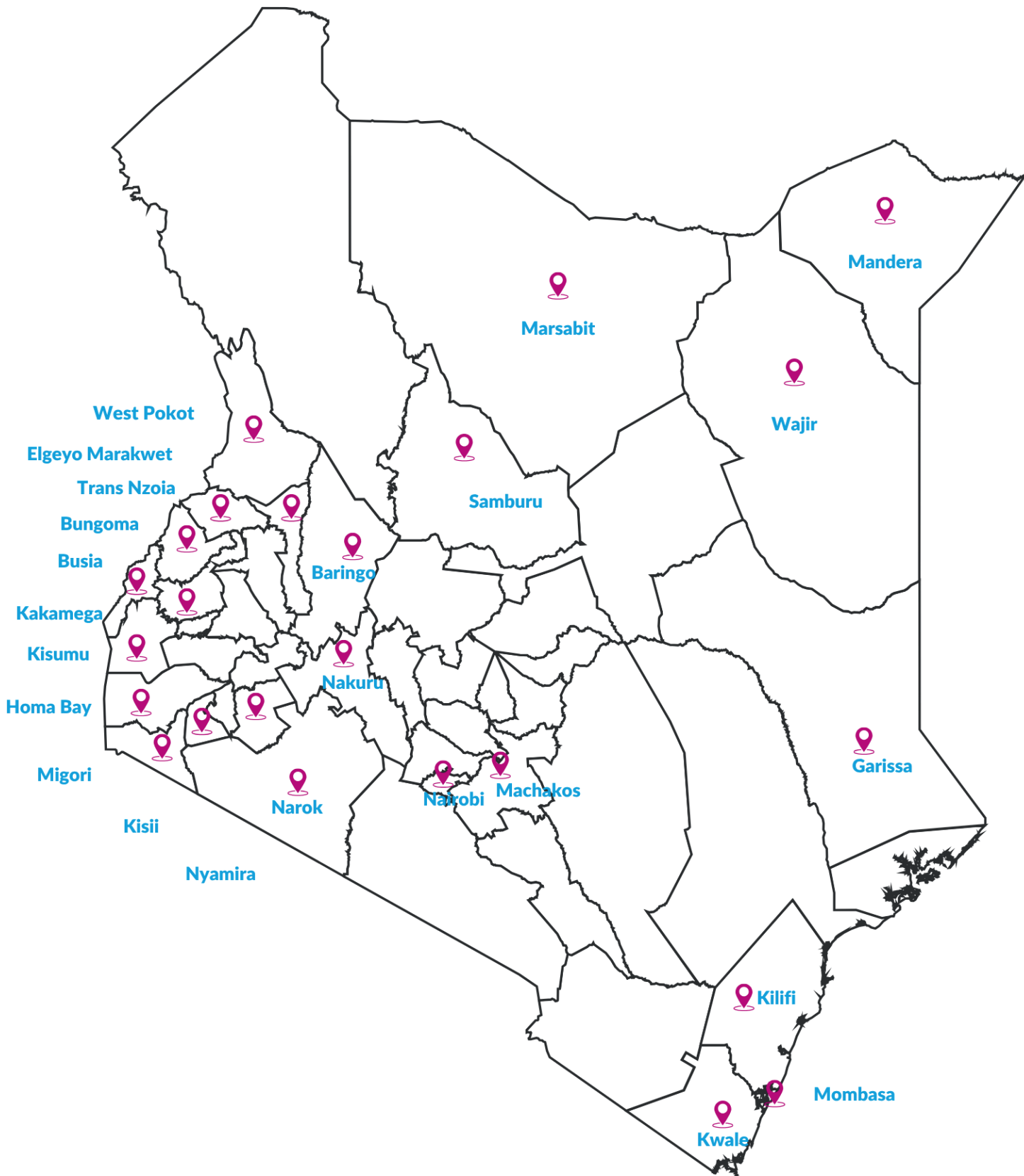


young adolescents (10-14 years) through in-school initiatives



and youth out-of-school (15-24 years) through community-based Youth Empowerment Centres and Youth Groups.

YSW has presence in 24 counties across Kenya, with a focus on underserved and marginalised communities.



WHAT WE DO

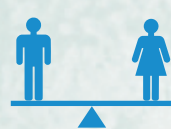
YSW delivers impactful solutions in adolescent and youth sexual and reproductive health (SRHR) by:



Building youths awareness and demand for SRHR through age-appropriate and gender-sensitive sexuality education and training



Providing youth with modern contraceptives in their communities, in youth centres and youth empowerment centres



Strengthening girls’ rights, advance gender equality as an enabler for sexual reproductive and gender rights and eliminate harmful practices



Advancing youth economic empowerment through work opportunities for SRHR

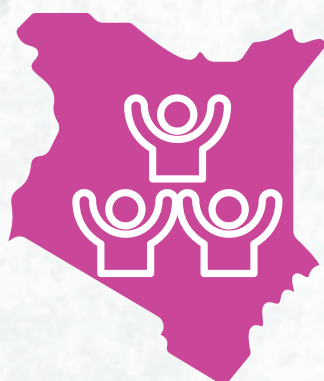


Strengthening the capacity of youth organisations to be active in SRHR



Advocating for increased, more effective investments in global health with special focus in youth and adolescent SRHR

OUR APPROACH



GENDER- AND AGE- SENSITIVE INTERVENTIONS

Inclusive, equitable, and relevant programmes that address the unique needs of young people and promote equal opportunities for all.



CAPACITY BUILDING

Strengthening the capacity of youth and youth organizations.



ADVOCACY

Provide advocacy and technical assistance to ensure political and financial support for SRHR



MULTI SECTORAL COLLABORATION

Strengthening youth livelihoods through integration of SRHR programming across diverse sectors

HOW WE DO IT

YSW empowers young people through a holistic youth engagement approach. We address their multifaceted needs, encouraging young people to take charge of their sexual and reproductive health, access essential services, and build a brighter future. Through diverse interventions, we provide integrated solutions across age groups, focusing on SRHR knowledge, life skills development, economic empowerment and leadership training. This equips young people to address challenges and achieve their full potential, both in health and socioeconomic well-being. These are achieved through:

YOUTH ORGANISING



YSWs interventions are anchored on a proprietary Youth Engagement Strategic Approach (YESA strategy) that currently consist of a network of 250 Youth Empowerment Centres (YECs), Youth Groups and Youth Clubs spread across the programme areas. YESA focuses on empowering and engaging youth through organized youth groups, clubs and empowerment centres. Youth trained in SRHR, peer education, advocacy and leadership are people in the community and as referral points for SRHR information and service provision. At the same time

PEER EDUCATION & LIFE SKILL TRAINING

Through in-school clubs, YSW supports young adolescents to access age-appropriate adolescent friendly sexual and reproductive health information and services. Trained Peers and club leaders step down this knowledge and information to a larger constituency of adolescents within the school using a peer cascading model on a weekly basis.

Additional training in leadership & club management, communication, networking and advocacy is provided. This enables the young adolescents to champion the change they want to see in the community and engage policy makers.



CREATION OF SAFE SPACES



YSW supports creation of safe spaces in schools through school clubs for information sharing and knowledge building on SRHR by young adolescents. Trained peers provide SRHR information and are supported by Mentor teachers trained in youth friendly methodologies who provide additional life skills information and offer psycho-social support and counselling for SGBV cases that are brought out in this space. Where necessary, the young adolescents are linked with relevant stakeholders for onward support.

YSW supports the creation of similar safe spaces within the YECs where youth out-of-school receive age-appropriate SRHR information and services from trained peers. The YECs are linked to health facilities nearest to them where health workers trained in Youth Friendly Service (YFS) provision for FP/SRHR services and counselling.

COMMUNITY ENGAGEMENT

Through YSW's robust network of youth clubs and Youth empowerment centres spread across YSW's areas of programme implementation, YSW supports community outreaches and dialogues on adolescent sexuality. Using participatory methodologies such as magnet theatre, drama and songs, the youth confront cultural beliefs and practices that hinder enjoyment of SRHR, challenge myths surrounding young peoples' sexuality, pass on correct information about AYSRHR, thereby breaking the barriers to access to sexual reproductive health. Service provision and referral is a critical component during these outreaches.

Additionally, the youth champions engage with leaders to advocate for prioritisation of sexual reproductive health through policy making and increased resource investments.



CREATION OF AN ENABLING ENVIRONMENT FOR ADOLESCENT & YOUTH SRHR



YSW further supports the establishment and strengthening of community structures for awareness raising and community education on ASRH. Multi-stakeholder Community Action Committees supports the schools and raise awareness in the community on Young Adolescents SRHR and related issues.

Through community dialogues conducted by CACs awareness on ASRH is raised, societal norms that infringe on ASRH are challenged and support is mobilised from stakeholders to protect and promote SRHR for young people, including the elimination of gender related discrimination and inequality.



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YSW 2025

YSW requires all YSW employees to observe the highest standards of business and personal ethics in the conduct of their duties and responsibilities.
Please write to us on reports@yswkenya.org if you have any questions or concerns about the conduct of any YSW Kenya employee.