

## 2017 ANNUAL REPORT (HIGHLIGHTS)



#### ABOUT DSW KENYA

DSW Kenya is a non-governmental organisation registered in Kenya as one of the East African country offices of Deutsche Stiftung Weltbevölkerung (DSW), a global development organisation founded and headquartered in Germany.

DSW Kenya focuses on the needs and potential of the largest youth generation in history. We are committed to creating demand for and access to health information, services and supplies for the youth, and to securing their right for a brighter future.

We achieve this by engaging in advocacy, capacity development, and family planning initiatives, which make sure the youth of today are empowered to lead healthy and self-determined lives.

DSW Kenya was established in May 2000 in Nairobi. It has additional offices in Mombasa and Kitale with active programme interventions in 16 counties: Bungoma, Embu, HomaBay, Kakamega, Kilifi, Kwale, Laikipia, Meru, Mombasa, Nairobi, Nakuru, Nandi, Nyandarua, Trans Nzoia, Uasin Gishu, and West Pokot.

### We work with young people, government, donors, and other non-state actors in Kenya to achieve the following five goals:

- To foster demand for and access to health information, health supplies and youth friendly services, particularly for sexual and reproductive health.
- To advance the respect and protection of sexual and reproductive rights, with a focus on eliminating gender-related discrimination and inequality.
- To empower young people to make their voices heard in decision-making processes at local, national, and global levels.
- To enhance equal access to socio-economic opportunities for vulnerable young people.
- To strengthen DSW Kenya as an institution to deliver on objectives 1 to 4.

#### **OUR WORK**





# FOSTER DEMAND FOR AND ACCESS TO HEALTH INFORMATION, HEALTH SUPPLIES AND YOUTH FRIENDLY SERVICES, PARTICULARLY FOR SEXUAL AND REPRODUCTIVE HEALTH.



Patience Kulola is a confident 15 year old girl pursuing her dreams. She is a student at Bahari Girls Secondary School, a national school in Kilifi county.

But she was not always like this. In 2013 she was 10 years old and a shy pupil at Lugwe Primary School in Rabai, facing great odds in her pursuit of education and future success.

Only 3 out of 10 girls in Kilifi County transition from primary to secondary schools due to several factors, including early and unplanned pregnancies.

Patience avoided this fate by joining a DSW Kenya supported young adolescents project club (YAP club) at her school.

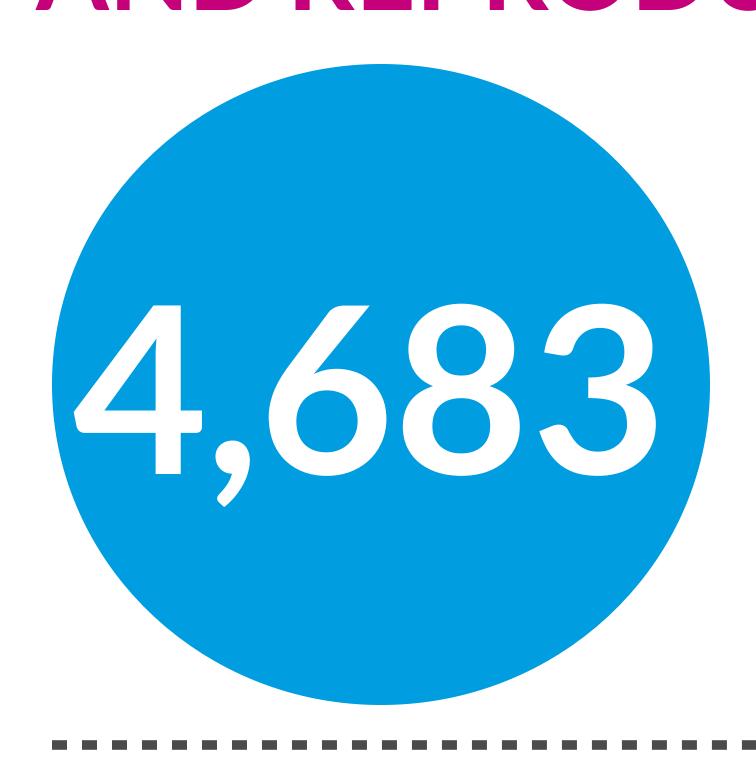
At the club, she was trained on sexual reproductive health and rights knowledge, life skills and leadership skills. She was also linked up to DSW Kenya supported Rabai Youth Information Centre which is attached to the Rabai Health Centre.

When she sat for her Kenya Certificate for Primary Education in 2017, she scored 358 marks.

The young adolescents project which supported Patience, aims to increase sexual reproductive health and rights knowledge, life skills and access to services among young adolescents in primary schools creating a supportive school and community environment for young adolescents' sexual and reproductive health and rights.

DSW Kenya aims to work with other stakeholders to empower young people by fostering demand for and access to health information, health supplies and youth friendly services, particularly for sexual and reproductive health services.

# FOSTER DEMAND FOR AND ACCESS TO HEALTH INFORMATION, HEALTH SUPPLIES AND YOUTH FRIENDLY SERVICES, PARTICULARLY FOR SEXUAL AND REPRODUCTIVE HEALTH.



The number of young adolescents (10-14 years) reached with information on sexual and reproductive health through 21 young adolescents project (YAP) clubs in school.

We provided young adolescent girls with 5,640 sanitary towels, 470 menstrual hygiene booklets and 1,880 underpants.



158,139 condoms distributed.



15,801 people tested for HIV

## Contraception methods Oral Condom Female Contracepion Hormonal ring UID Contraceptive injection Surgical sterilization

4,129 women provided with modern family planning methods

21, 842 youth (aged 15 and above) were reached with sexual and reproductive health information and services.

15,801 (7,496M, 8,305F) received HIV testing services. 204 tested positive and were linked to care and treatment.

4,129 women were provided with various modern methods of family planning and 158,139 condoms were distributed.

We also supported total of 138 youth clubs and 15 youth empowerment centers across the country to provide youth friendly services.

#### EMPOWER YOUNG PEOPLE TO MAKE THEIR VOICES HEARD IN DECISION-MAKING PROCESSES AT LOCAL, NATIONAL, AND GLOBAL LEVELS.



Benjamin Katana, from Mtwapa, Kilifi County, is one of DSW Kenya's youth champions, trained and supported by DSW Kenya to engage with decision makers and members of his community to articulate the needs of the youth. He sits in the Kilifi County Health Board, an important decision making space on health issues in his county.

"Young people in Kilifi county are sexually active; and if they are sexually active they need access to sexual and reproductive health services, including family planning. If young people are not involved (in development planning), our issues will never be addressed. That is why young people need to be in decision making spaces such as the county health board." Benjamin said during a recent interview with DSW Kenya.

DSW Kenya believes that for the needs of young people to be met, they need to be the ones advocating for inclusion of, and investment for sexual and reproductive health and rights in international and national policy and legal frameworks.

#### EMPOWER YOUNG PEOPLE TO MAKE THEIR VOICES HEARD IN DECISION-MAKING PROCESSES AT LOCAL, NATIONAL, AND GLOBAL LEVELS.



The number of young people we trained and supported to advocate for their needs at county, national and international levels in 2017.

As a result, these youth have convinced the county government of Mombasa to invest in two youth friendly clinics.

Two young people (one from Nandi County and one from Trans Nzoia County) are awaiting their appointment letters to their County Budget And Economic Forums (CBEF). CBEF is an important budget making space which serves as the county's socio-economic think tank which drives the budget making process.

Another of these youth advocates was appointed to sit in the county health board in Kilifi County.



DSW Kenya supported county and national governments to develop policies and frameworks that will provide a conducive environment for improved sexual and reproductive health services.

DSW Kenya supported the development of 8 new five-year Family Planning Costed Implementation Plans (CIPs) at county level.

Family Planning Costed Implementation Plans are important in guiding counties secure investment to provide family planning services, including to young people.

## IMPROVED AND EQUAL ACCESS TO SOCIO-ECONOMIC OPPORTUNITIES OF VULNERABLE YOUNG PEOPLE



Esther Mbuthia is an outside caterer living and working in Nairobi

In 2012, DSW trained Esther as part of her youth group 'Pamoja Tuinuke' (Together we rise) on entrepreneurship through the youth-to-youth programme.

As part of the training programme, 'Pamoja tuinuke' was granted outside catering implements to help them start their business. The implements they received included 'chefing dishes', cooking pots, charcoal cookers, plates and cups.

"After that training, we ventured into business as a group. I saved part of my income, went back to school and because of that, I now run my own business," Esther said.

According to Esther, the training helped her learn to save, know how to go about starting and running her business. Consequently, Esther says that she is able to provide for herself, and employ others.

"I have employed four other chefs who work with me when I have outside catering assignments. They are also benefiting from ability to run my business," Esther said.

DSW runs the Youth-to-Youth Initiative which aims to empower youth to play an active role in improving Sexual & Reproductive Health in their communities and their countries, through peer education, advocacy and income-generating activities.

## IMPROVED AND EQUAL ACCESS TO SOCIO-ECONOMIC OPPORTUNITIES OF VULNERABLE YOUNG PEOPLE

112

915,000

The number of young people we trained on entrepreneurship in 2017.

The number of clubs that we linked to kitties such as the Women Enterprise Fund, Youth Enterprise Development Fund and the Uwezo fund in 2017.

The amount of money in Kenyan Shillings DSW Kenya supported youth groups accessed from sources such as the Women Enterprise Fund, Youth Enterprise Development Fund and the Uwezo fund in 2017.

In 2017, DSW Kenya trained a total of 60 young people on entrepreneurship.

After training them, we also provided mentorship on managing their businesses.

We also linked youth groups with various forms of affirmative action funds - Women Enterprise Fund, Youth fund and Uwezo funds. A total of 112 clubs were linked to access credit facilities from these devolved funds, accessing KES. 915,000 in the process.

Through its revolving fund, DSW Kenya continues to support youth organized in 'youth to youth' clubs with seed grants to start their income generating activities.

One youth group benefited from the revolving fund with KES. 100,000 for the purchase of a camera to strengthen their photography work.

#### OTHER HEALTH INITIATIVES

13,183

Orphans and vulnerable children (OVC) supported

DSW Kenya supported 13,183 orphans and vulnerable children (OVC) to receive various services including education, child protection, nutrition, and social protection. A total of 5,652 vulnerable households affected by HIV/AIDS were supported with economic strengthening initiatives.



Nutrition of women and children

DSW Kenya continued to support the nutritional well-being of women and children, a total of 35,375 children were screened of which of which 3,417 children were found to have some form of malnourishment and treated.

### GROWTH, SUSTAINABILITY AND VISIBILITY OF DSW KENYA

5

The number of new projects implemented in 2017

DSW Kenya submitted 12 project proposals to different donors to fund interventions in 2017.

Five proposals were successful and the five projects are currently being implemented. 10 1

The estimated number of people reached with key messages in 2017

DSW Kenya had 26 media appearances in various media platforms in 2017, reaching approximately 10 million people with key messages in line with our programme objectives.

#### GET IN TOUCH WITH US

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