

Youth friendly sexual and reproductive health services

Why invest in youth friendly sexual and reproductive health services?

Kenya's youth, including teenagers, are struggling with their sexuality



AIDS is the leading cause of death and morbidity among adolescents and young people in Kenya*

30%

The percentage of all new HIV infections in Kenya among adolescents and young people aged 15- 24*



1.5 out of 10 girls are mothers by the time they are age 19 **

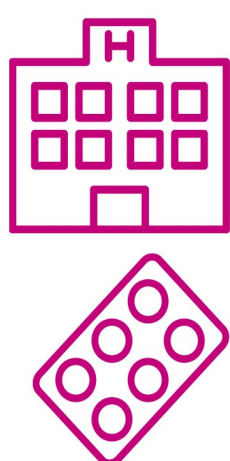
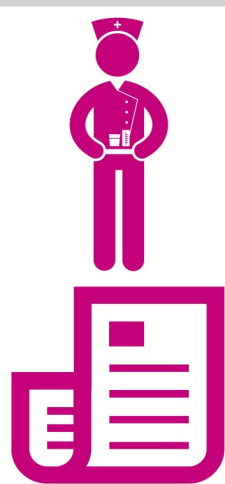


*National Syndemic Disease Control Council

**The Kenya Demographic and Health Survey 2019

Part of the solution: Youth friendly sexual and reproductive health services

Sexual and reproductive health services include access to accurate information and the safe, effective, affordable and acceptable contraception method of their choice



Youth-friendly services are a combination of health facility characteristics, service provision approach and personnel offering services.



Youth-friendly services are those that effectively attract young people, meet their needs comfortably and responsively, and succeed in retaining young clients for continuing care.

'Regular' health services do not meet the unique needs of the youth

Sexual and reproductive health services: Barriers the youth face



#1

Young people in need of reproductive health services may shy away from seeking the services



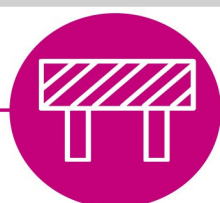
#2

Existing health providers may be biased and may not be feel comfortable serving sexually active youth.



#3

The youth may not feel comfortable accessing existing services because the way the services are set up do not meet their needs.



#4

Many communities feel that unmarried youth should not be sexually active and therefore should not have access to reproductive health services.

Unfortunately, only 7% of health facilities offer youth friendly services according to the Kenya Service Provision Assessment Survey 2010 published by the ministry of health.

Kenya should invest in youth friendly sexual and reproductive health services



The benefits of investing in youth friendly sexual and reproductive health services

HIV + STI infections

Investment in youth friendly sexual and reproductive health services will help in reducing HIV infection.

Unintended pregnancies

Investment in youth friendly sexual and reproductive health services will help in reducing teenage pregnancy

Maternal and newborn health

Investment in youth friendly sexual and reproductive health services will contribute in improving maternal and newborn health

GET IN TOUCH WITH US

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