

HOW WE DO IT

YSW empowers young people through a holistic youth engagement approach. We address their multifaceted needs, encouraging young people to take charge of their sexual and reproductive health, access essential services, and build a brighter future. Through diverse interventions, we provide integrated solutions across age groups, focusing on SRHR knowledge, life skills development, economic empowerment and leadership training. This equips young people to address challenges and achieve their full potential, both in health and socioeconomic well-being. These are achieved through:

YOUTH ORGANISING



YSW's interventions are anchored on a proprietary Youth Engagement Strategic Approach (YESA strategy) that currently consist of a network of 250 Youth Empowerment Centres (YECs), Youth Groups and Youth Clubs spread across the programme areas. YESA focuses on empowering and engaging youth through organized youth groups, clubs and empowerment centres. Youth trained in SRHR, peer education, advocacy and leadership are people in the community and as referral points for SRHR information and service provision. At the same time

PEER EDUCATION & LIFE SKILL TRAINING

Through in-school clubs, YSW supports young adolescents to access age-appropriate adolescent friendly sexual and reproductive health information and services. Trained Peers and club leaders step down this knowledge and information to a larger constituency of adolescents within the school using a peer cascading model on a weekly basis.

Additional training in leadership & club management, communication, networking and advocacy is provided. This enables the young adolescents to champion the change they want to see in the community and engage policy makers.



CREATION OF SAFE SPACES



YSW supports creation of safe spaces in schools through school clubs for information sharing and knowledge building on SRHR by young adolescents. Trained peers provide SRHR information and are supported by Mentor teachers trained in youth friendly methodologies who provide additional life skills information and offer psycho-social support and counselling for SGBV cases that are brought out in this space. Where necessary, the young adolescents are linked with relevant stakeholders for onward support.

YSW supports the creation of similar safe spaces within the YECs where youth out-of-school receive age-appropriate SRHR information and services from trained peers. The YECs are linked to health facilities nearest to them where health workers trained in Youth Friendly Service (YFS) provision for FP/SRHR services and counselling.

COMMUNITY ENGAGEMENT

Through YSW's robust network of youth clubs and Youth empowerment centres spread across YSW's areas of programme implementation, YSW supports community outreaches and dialogues on adolescent sexuality. Using participatory methodologies such as magnet theatre, drama and songs, the youth confront cultural beliefs and practices that hinder enjoyment of SRHR, challenge myths surrounding young peoples' sexuality, pass on correct information about AYSRHR, thereby breaking the barriers to access to sexual reproductive health. Service provision and referral is a critical component during these outreaches.

Additionally, the youth champions engage with leaders to advocate for prioritisation of sexual reproductive health through policy making and increased resource investments.



CREATION OF AN ENABLING ENVIRONMENT FOR ADOLESCENT & YOUTH SRHR



YSW further supports the establishment and strengthening of community structures for awareness raising and community education on ASRH. Multi-stakeholder Community Action Committees supports the schools and raise awareness in the community on Young Adolescents SRHR and related issues.

Through community dialogues conducted by CACs awareness on ASRH is raised, societal norms that infringe on ASRH are challenged and support is mobilised from stakeholders to protect and promote SRHR for young people, including the elimination of gender related discrimination and inequality.